

For Successful ONLINE LEARNING

PART I: OPTIMISING YOUR LEARNING SPACE

TECHNICAL SET-UP

Once you've [prepared your learning space](#) for optimal learning, do a [technical set-up of your learning space](#) which includes the following:



LIGHTING

Natural light is best for optimal learning as it allows for sustained focus, and prolonged attention during the hours long online lessons.



Use **cool, white LED** for your light sources for **natural daylight lighting**.



Set your **display controls** to "**colour temperature**", also known as, "blue light filter" or "night mode" for **pleasant visibility** as you go on video.

MUST-HAVE DEVICES

Most laptops and desktops come with built-in webcams and microphones. However, for flexible positioning of these devices for sustained online learning, it is best to have mobile pieces of the following tech devices:



WEBCAM

To be [positioned at eye level](#). You may use a stack of books to mount your laptop so that it reaches your eye level



HEADSET

Noise-cancelling headsets allow for optimal focus with minimal distractions



MICROPHONE

Noise-cancelling microphones prevent pickup of external sounds allowing for clear and uninterrupted audio as you speak into your mic



If you are using **Bluetooth devices** for your headset and/or microphones, do ensure that the devices are **sufficiently charged** so that they can last you for the whole online lesson

Once you've completed both your physical and technical space set-up, check for [ergonomics of your learning space](#) so that your body and mind are both comfortable for learning!



KNOW YOUR ONLINE LEARNING ENVIRONMENT



Just as you orientate yourself to your physical learning environment on campus, it is also **highly essential** that you [orientate yourself to your online learning environment](#).

Some questions to ask yourself:

Do I know the features of these platforms for my learning?

What platforms are used for my online lessons?

Do I know how to access and log into those platforms?

Am I confident using these platforms for all my online lessons as a participative user?

The two main platforms used in the SUSS online learning environment are:



Canvas



Zoom

Zoom Instruction Guide:

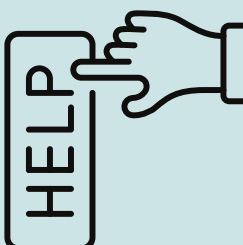
Click [here](#)

Canvas Support:

LSupport@suss.edu.sg

Other Support Enquiries:

students@suss.edu.sg



Scan the QR code for Part II & III of TLC's Online Learning resource



tlc.suss.edu.sg



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