

For daily reminders on tips to be an active learner, print these bookmarks and slip them in your reading materials!

# ORIENTATE YOURSELF

To be a successful learner, know your academic landscape

How are lessons conducted?

What are the available resources that I can access as learning support?

How can I enhance my academic skills for successful learning?

Join us at our **SDW111 Take Off: Practical Tips for Learning workshop** to orientate yourself to be a successful learner!

Scan the QR code for more details.



TLC

# HAVE A STUDY PLAN

Allocate a certain amount of hours per day or week for specific topics

Integrate study blocks (an amount of time) in your personal schedule to actualise your study plan

Do take time to plan your readings and prepare for assignments

Scan the QR code to visit TLC's **Online Learning Space** for specific tips and strategies to create a study plan that works!



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# CREATE A "SCHOOL ONLY" PLANNER

A "School Only" planner allows you to be on top of due dates and keeps you on track to be consistent and successful in your learning

Include the following in your "School Only" Planner:



Examination dates

Assignment due dates

Study sessions



Project meetings

Download our printable Monthly and Weekly planner at <https://tinyurl.com/TLCe-resources>

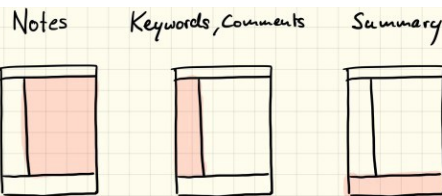
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# TAKE NOTES

for better retention and internalisation of information

Some note taking strategies include the Charting, Mapping and the Cornell method



From <https://tinyurl.com/cornellmethodmedium>

Explore the different note taking methods at <https://tinyurl.com/TLCNoteTaking> or sign up for our **SDW 113 Visual Mapping for Effective Learning** workshop!

Scan the QR code for more details.



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# KEEP A LEARNING LOG

“  
Reviewing your learning engages your **metacognition** which then allows you to be **more strategic** in your approach to your own learning  
”

A learning log serves as a useful learning tool for a focused review of your daily learning

Download our printable Learning log at <https://tinyurl.com/TLCe-resources>

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# USE ALL YOUR RESOURCES



You have plenty of support at your disposal, so use them

In addition to your lecturers, study buddies and iStudyGuides

TLC also provides numerous workshops, online courses and resources to support and enhance your learning experience

Engage with our learning resources or reach out to us for various forms of academic support

Scan the QR code for our Academic Support Programme Guide



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